

ADVENTURES BY THE SEA EXPERIENCE

#5 TOUR

THURSDAY, JUNE 4, 2009

1:00 PM - 5:30 PM

Adventures by the Sea Experience

Kayak, bike or paddle boat...you get to choose your own experience. By SEA; explore the kelp forest and abundant marine life along Cannery Row from an ocean kayak! There's no better way to explore Monterey Bay than with a docent-guided tour which will make your kayaking experience one of discovery and education. By LAND; discover the beautiful Monterey Peninsula pedaling a bicycle along the recreation trail, around the rocky shores of Pacific Grove and onto breathtaking 17-Mile Drive. Our guide will stop at points of interest along the way. This tour is filled with many great photo opportunities! (all equipment & gear provided). Paddle Boards were not requested by enough attendee to utilize.

What to expect:

Kayaking Along Cannery Row is the kelp forest canopy of the Monterey Bay National Marine Sanctuary. Kayakers get an up close look at this wonder of nature teeming with wildlife. You may be greeted by harbor seals swimming alongside you or resting sleepily on the rocks along the shore. Or you may be presented with a show by diving pelicans. Or you may see a raft of otters rolling and playing in the kelp. Each experience is unique and different! Full instruction: <http://adventuresbythesea.com/kayaking-faqs.html>

Bike tour The Monterey Peninsula has a fabulous Recreation Trail that follows the shoreline above Cannery Row and around the marina. The Recreation Trail winds along the coast from the Aquarium to Lover's Point and then a bike lane picks up along the rocky shores area of Pacific Grove's coastline. This bike lane leads you along the shore to the entrance to 17-Mile Drive, and upon entering Del Monte Forest, you can pedal in the bike lane along 17-Mile Drive to The Lodge at Pebble Beach or Bird and Seal Rock. There are many awesome spots for a picnic lunch or simply a photo opportunity. You'll ride out with the ocean on one side and then return with the ocean on your other side. It's breathtaking and beautiful!

Requirement: We will have Waiver release forms for you to complete for either the Kayaking or the Bike Tour.

Depart From: Portola Hotel & Spa across from the entrance to parking garage

Time: 1:00 PM

Where To: Cannery Row Offices

What to Wear: **Kayaking** Dress in layers so that you can adjust accordingly. Also, wear something comfortable. You will be provided with a nylon-coated splash suit that slips over your clothes (it fits like a windbreaker jacket and pant). These suits do not breathe much, so you do stay warm. Kayakers are recommended to wear shorts and T-shirts (something that can get wet around the edges). Some kayakers prefer to go barefoot, but you may wish to bring your own boat shoes (your feet will get wet!). We do have booties available; however, our supply is limited.
Bike Tour You know what to wear but be sure bring a light jacket or sweater in case the wind picks up.

What to Bring: Sunscreen, camera, a water bottle (a dry bag is provided to keep your items dry and secure, especially your camera), a small towel or change of clothes for afterwards is a good idea in case you do get wet. Your feet will get sandy.